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# "Heart & Hands" Doula Service

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## **Introduction to Childbirth Class for Doulas Taught by DONA-approved Trainer, Jan Mallak**

As an alternative to attending 12 hours of a childbirth class, birth doula trainees may attend this 8-hour class that meets DONA certification requirements. Jan Mallak will be offering this class in conjunction with her Birth Doula Workshops. Any trainees from past workshops done by Jan may attend.

It includes a continental breakfast, lunch and a certificate of attendance. The 9 am to 5 pm class will be held at 2244 Manordale Dr. Export, PA 15632. To register or for more information, contact Jan at 412/973-3521 or [pghdoula@gmail.com](mailto:pghdoula@gmail.com). Registration is limited, and the fee is \$200. No refunds, cancellations or transfers. A discount of 10% off the class is given if you come to both the workshop and class scheduled together. **Please fill out the information below and send it at least two weeks before the class** with a check or money order made out to:

Jan Mallak    2244 Manordale Dr.    Export, PA 15632

<b>2020 and 2021 dates are:</b>	<b>Intro to CB Class</b>	<b>for</b>	<b>Birth Doula Workshop</b>
	October 3, 2020		Oct. 9/10, 2020
	January 9, 2021		Jan. 15/16, 2021
	March 20		March 26/27
	June 19		June 25/26
	September 18		Sept. 24/25

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### Intro to CB Class for Doulas Registration

Name \_\_\_\_\_ Cell \_\_\_\_\_

Address \_\_\_\_\_  
Street City & Zip

Email \_\_\_\_\_ Intro to CB Class Date \_\_\_\_\_

Workshop Date \_\_\_\_\_ Special Needs \_\_\_\_\_