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“Heart & Hands” Doula Service

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Introduction to Childbirth Class for Doulas Taught by DONA-approved Trainer, Jan Mallak

As an alternative to attending 12 hours of a public childbirth class, birth doula trainees may attend this 8-hour class that meets DONA, Int. certification requirements. Jan Mallak will be offering this class in conjunction with her Birth Doula Workshops. Any trainees from past workshops done by Jan may attend.

It includes a continental breakfast, lunch and a certificate of attendance. The 9 am to 5 pm class will be held at 2244 Manordale Dr. Export, PA 15632. To register or for more information, contact Jan at 412/973-3521 or pghdoula@gmail.com. Registration is limited, and the fee is \$200. No refunds, cancellations or transfers. A discount of 10% off the class is given if you come to both the workshop and class scheduled together. **Please fill out the information below and send it at least two weeks before the class** with a check or money order made out to:

Jan Mallak 2244 Manordale Dr. Export, PA 15632

2021 dates are:

Intro to CB Class

January 9, 2021
March 20
June 19
September 18

Birth Doula Workshop

Jan. 15/16, 2021
March 26/27
June 25/26
Sept. 24/25

Intro to Childbirth Class for Doulas Registration

Name _____ Cell _____

Address _____

Intro to CB Class Date _____ Workshop Date _____

Email _____ Special Needs _____